

Greenland Technical Details

Vital equipment

- At least 3 sets of good thermals - top & long johns, one for activities, one spare set and one pair for sleeping in
- One ski mask
- A warm wind and waterproof jacket
- Suitable warm trousers - windproof ski style, soft shell or fleece lined mountaineering trousers are ideal
- Suitable underwear, t-shirts and walking trousers
- Warm jumper(s) and jacket(s)
- Quality sunglasses (glacier glasses)
- Sun cream for face and lips (not water based, water freezes)
- A headtorch and spare batteries
- Warm thick socks
- Gloves - multiple pairs of under and over gloves - think warm, waterproof and windproof
- A warm hat
- A balaclava
- Appropriate neck wear like a warm buff
- Any personal medication
- Towel & toiletries
- A thermos/suitable water bottle
- A sleeping bag liner
- Warm snow boots

Material

We prefer that you do not wear cotton clothing, including underwear, when participating in activities. When cotton gets wet from water or sweat it ceases to insulate and it does not dry fast. The best materials for outdoor activities are fast drying materials like polyester or materials which are warm when wet like wool. The most powerful materials against the wind and rain are 'breathable' materials like Gore-Tex or Nikwax.

Our advice for keeping warm

Winter in Greenland can be very cold, please think carefully about what clothes you bring, although we will provide warm outer layers, the layers you wear next to your skin make the biggest difference. We recommend:

- No cotton
- Bring dry spares of everything, even underwear and gloves
- Wear multiple layers including:
- A warm breathable base layer
- A second thermal layer
- Wind and waterproof protective out layer (we provide an additional quality jacket and over trousers)

Helpful equipment

You may also consider packing:

- A pair of warm comfortable shoes for evenings in town
- A swimsuit if you want to test Icelands hot springs/pools during your stopover or the saunas of Ilulissat
- Extra gloves/overgloves
- An extra jumper/fleece jacket
- A warm sleeping bag liner
- Energy bars
- Wetwipes
- Blister plasters
- A suitable camera
- Plastic bags for wet/dirty clothing
- A small inflatable pillow
- Tissues

Luggage

Please bring a small rucksack to use as a day bag. You can bring this as hand luggage on the aeroplane. You will carry your lunch, water, spare layers and any personal medication with you each day in this bag. You will also need a larger bag to store your other clothes and belongings in, please ensure that this is a soft bag like a rucksack or holdall rather than a hard cased suitcase because it is more practical to transport. We recommend packing all of your clothes in plastic bags so that they stay dry in the event of wet weather.

Medicine

Your guide is a trained first-aider and will carry a full first aid kit at all times during the trip in case of emergencies. We recommend that you bring a small personal first aid kit containing any medication you may need such as inhalers, plasters, antiseptic and painkillers.

Accommodation

Tasiilaq

We will be staying at the heart of the village. The houses can accommodate two people per room, in single beds. The house includes a living room, a fully equipped kitchen and a bathroom with shower and toilet.

Traditional Huts

Traditional back to basics Greenlandic hut accommodation in the wilderness with heating and shared facilities.

Tiniteqilaq:

We stay in a cabin. You sleep on beds (with your sleeping bag), and the toilets are outside. Possibility of taking a shower at the communal house of the village (for a few euros).

Transportation

The transportation is done on the sled, the musher remaining in the front will give you instructions to help you on the raids, that must be crossed to access the flat areas of pack ice. In order to help with the crossing, you will be asked to step down the sled and run alongside to accompany, push or brake depending on the terrain. All our dogs are absolutely safe and non-aggressive. However, it is advisable to ask permission of the musher before going to pet or play with them, especially when they are harnessed.

Budget & exchange

The currency in Greenland is the Danish Krone (DKK)

Tips

Although the custom is not widespread here, if you are satisfied with the services of your guide, tipping is always appreciated - it is not obligatory and should be left to the discretion of each individual.

Level 3/6

4 to 6 hours of activity per day. No previous experience of any of the activities is necessary. You should be in good physical health and prepared for very cold temperatures.

Comfort 3/5

We love our back to basics no frills accommodation options which enable us to get close to nature. This trip uses accommodation with dormitories and shared facilities. Please be aware that some accommodation options do not have running water.