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Adventure in Paradise – The Inca Trail 10 days – 9 nights Lima, Sacred Valley, Inca Trail, Cusco Adventure, Culture, History, Archeology

### Day 1: Lima

Welcome to Lima! Arrival and transfer to your hotel.

## Day 2: Lima

You will start the tour visiting lovely hidden streets and boulevards in the heart of Miraflores area. Then, stop by the pyramid shaped pre-Hispanic sacred structure Huaca Huallamarca; an impressive pre-Incan archaeological site situated in the middle of a residential area, surrounded by big mansions, modern apartment buildings, and gourmet restaurants. Next, ride through a beautiful ancient Olive field located in San Isidro neighborhood. Enjoy the ambiance, parks and architecture around you. Back in Miraflores, stop for a typical snack in a traditional spot in town. Finish the tour cycling along the spectacular bike lanes and parks of Miraflores, overlooking the Pacific Ocean and passing through modern malls, important sculptures, and an old lighthouse. You will have some time at leisure to freshen up and relax before your depart on your afternoon tour. The second part of your day is devoted to visiting the historic sites of Lima in the downtown area. You will see the Main Square, sit of the Government Palace, the Catholic Cathedral, the Archbishop's Palace, the City Hall and the Santo Domingo Convent.

Following visit one of the most complete museums in Latin America: the Larco Museum, with its unequaled collection called The Treasures of Ancient Peru. The museum inspires visitors to discover, learn, and admire more than five thousand years of history of ancient Peru. There are more than 45,000 ceramic artifacts on display, mostly from the Moche civilization, including a remarkable exhibition of "erotic" pottery. The collection was compiled by Rafael Larco Hoyle, an important Peruvian archeologist and art collector. The tour ends at your hotel. [B]

### Day 3: Lima, Cusco

At agreed time transfer to the airport to board your flight to Cusco Upon arrival transfer to your hotel. Rest for a couple of hours to adapt to the altitude.

This afternoon depart for your half day tour of Cusco. Visit the impressive colonial city built over the foundations of Incan palaces. Your tour will take you through Cusco's most artistic neighborhood, San Blas, filled with art galleries, state of the art restaurants and the famous Twelve Angles stone on Hatun Rumiyoq Street. You will continue to the fabulous Korikancha, or Temple of the Sun, where you can appreciate the fine craftwork the Incas made on stone. The last stop is at the Cathedral, with its delicately carved wood and impressive altars. In the early evening, you will have a briefing about the Inka Trail. [B]

## Day 4: Cusco, Hatunchaca (Inka Trail – Day 1)

Beginning of the Inca Trail to Machu Picchu at Km. 82 (Wayllabamba). Early in the morning leave the hotel towards the Sacred Valley. Before initiating the hike visit Ollantaytambo, one of the most monumental architectural complexes of the ancient Inca Empire. Ollantaytambo was an Incan military, religious and agricultural center rested on a mountain peak. From this imposing site, one can look down and appreciate the amazingly narrow streets and canals that have remained untouched since Incan times. Then go up to kilometer 82, where you will start your trek at a pleasant pace. The first stop is at the archaeological complex of Llactapata, located 7500 ft. above sea level, an important rest stop and roadside shrine on the journey to Machu Picchu. After touring the area proceed to Hatunchaca, where you will overnight. [B/L/D]

Total hike time	Total miles	Starting height	Ending height
4 1/2 to 5 hours	1.3	7,500 ft	9,000 ft

### Day 5: Hatunchaca, Huayllabamba, Pacaymayo (Inka Trail - Day 2)

After breakfast, start your walk through the Huayllabamba Valley. As you go up take a moment to enjoy the changes in vegetation. The first stop today is at Yunca Chimpa. Continue to ascend from

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Huayllabamba to Llulluchapampa (11,250 feet high). From there, you will be able to appreciate the Huayanay Valley and the Warmiwañusca mountain pass, located at 12,000 ft. high. [B/L/D]

Total hike time	Total miles	Starting height	Ending height
7 hours	8	9,000 ft	11,400 ft

# Day 6: Pacaymayo - Wiñayhuayna or Phuyupatamarca (Inka Trail - Day 3)

This morning continue to go up to the second pass known as Runkurakay, at 11,580 ft. above the sea level. Here you will visit the small complex of Sayacmarca. Built on the edge of a cliff, its strategic location provides incredible views of the valley and snow peaks. A short hike and you get to the next site: the Phuyupatamarca complex. With an altitude of close to 10,000 feet Phuyupatamarca means the city above the clouds – a self-explanatory name! Next descend 2 miles towards Wiñaywayna: a site that consists of two constructions united by a stairway. You will be marveled to find here terraces that were used by the Incas for agricultural activities. You have some time to explore the area and relax. Tonight you are camping on this site. [B/L/D]

Total hike time	Total miles	Starting height	Ending height
10 hours	10	11,4000 ft	8,000 ft

## Day 7: Wiñayhuayna or Phuyupatamarca ,Intipunku, Machu Picchu (Inka Trail – Day 4)

Welcome to Machu Picchu! Discover this morning the magnificent views of Machu Picchu unfolding before your eyes, and understand why this site was declared a Peruvian Historical Sanctuary, a UNESCO Heritage Site, and was recently voted one of the New 7 Wonders of the World. You will enter Machu Picchu through the Sun Gate, or Intipunku. After a comprehensive tour descend to Aguas Calientes and check in at your hotel. Explore this little town at your leisure. Ovenight in Aguas Calientes. [B]

Total hike time	Total miles	Starting height	Ending height
2 hours 15 minutes	4	8,000 ft	7,200 ft

### Day 8: Machu Picchu, Cusco

Day at leisure to enjoy a visit to Machu Picchu at your pace. Includes Round trip bus tickets and entrance to Machu Picchu. [B]

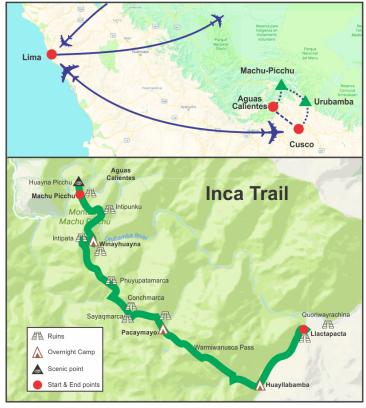
## Day 9: Cusco (Yoga day)

A relaxing day surrounded by the amazing grounds of the Sacred Valley will reward you after 5 days of hikes. You will be picked up early in the morning and head to Chinchero, home to the peaceful Piuray Lake. Warm up, get in the water to paddle before beginning your Yoga session. What makes this session special is the practice over a moving surface which provides magnificent results. After this experience sit back and enjoy a hot tea followed by a delicious box lunch. Later on you go back to Cusco. [B/L]

### Day 10: Cusco, Lima, USA

At agreed time transfer to the airport to board your flight to Lima with connections to you flight back home. [B]

[B] = Breakfast | [B/BL] = breakfast and Lunch Box | [B/L/D] = Breakfast, Lunch and Dinner





### Your Tour includes:

- Private transfers between airport and hotels
- 9 nights accommodation at hotels of preference:
  - o Lima 2 nights
  - o Aguas Calientes 1 night
  - o Cusco 3 nights
  - o Inca Trail 3 nights
- Meals:
  - o Daily breakfast
  - o 1 box lunch
  - o 3 lunches (Inca Trail)
  - 4 snacks (Inca Trail)
  - o 3 wake-up teas (Inca Trail)
  - o 3 teas (Inca Trail)
  - o 3 dinners (Inca Trail)
- Private tours
- Inca Trail 3 night/4-day trek operated as shared services
- Local English-speaking guides for transfers and tours
- Entrance fees to attractions mentioned
- All hotel taxes

### Your Inca Trail trek includes:

- Private transportation to Piscacucho (where the trek begins)
- Bus from Machu Picchu to Aguas Calientes. one way

- Full meals during the trek (as per meals above)
- Filtered and boiled water
- Chef and supporting staff
- Porters for passenger's luggage and camping equipment
- Whole Camping gear:
  - The North Face Mountain 25, 4-Season Tent
  - o Inflatable mattress Therm-a-rest
  - o Sleeping bag -15 C°
  - o Personal duffle bag 7kgs. / 15.43 lbs.
  - o Dining tent, cooking tent, bathroom tent
  - o Kitchen dishes
  - o First aid kit and oxygen
  - Communication equipment: walkietalkies

### Tour does not include:

- International or domestic air tickets
- Travel Insurance
- Early check-in or late check-out at hotels
- Options
- Services and food not listed in the itinerary
- Beverages during the meals
- Hotel extras, and personal expenses.
- Tips for guides, drivers, and in restaurants



**Hotels in your Tour:** 

Location	Hotel Name	Room Type	Tripadviso					
Tourist Class								
Lima	Casa Andina Standard Miraflores	Standard	4					
Cusco	Xima Cusco	Standard	4					
Sacred Valley	Inka Trail	Tent	n/a					
Aguas Calientes	Casa Andina Machu Picchu	Standard	4					
First Class								
Lima	Dazzier Lima	STandard	4.5					
Cusco	Costa del Sol Ramada	Contemporary	4					
Sacred Valley	Inka Trail	Tent	n/a					
Aguas Calientes	Casa del Sol Machu Picchu	Mountain	4.5					

All hotels are subject to confirmation at the time of booking



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### **Tour Prices:**

Category	Double						
2020 Departures							
Tourist Class	\$2,865						
First Class	\$3,119						

Rates are per person, based on 2 passengers traveling together

Prices are per person, valid for 2020 and are subject to change without notice.

Price for single and triple rooms are available upon request.

Rates do not apply to the following holidays: Inti Raymi (the week of June 24), Independence Day celebrations (Week of July 28 and 29), Christmas and New Year's (December 23 through January 1).

## Tour Code: PE05LIM20CT

#### **Inca Trail Reservations**

You must provide following information to reserve space for the Inka Trail:

- Full name, Nationality, Passport number, Date of birth, Gender
- HWDT can only guarantee your space on the trail once your permit (entrance) is paid in full.
- We highly recommend that you book your reservations in advance in order to guarantee your space.
- The Inca Trail can be booked up to one year ahead of time. Tickets for the Inca trail are non-refundable.

### Inca Trail Weather and Recommendations

Weather	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Max Temperature °F	66	66	66	68	68	68	66	68	68	70	70	70
Min Temperature °F	44	74	43	41	37	32	32	36	39	43	43	43
Wet Days (1/10" or more of rain)	18	13	11	8	3	2	2	2	7	8	12	16

# We recommend that you pack:

- Hiking boots very comfortable, waterproof
- Luggage: daypack designed for hiking, adjustable hip and shoulder straps. luggage should be easy to carry
- Wind and rainproof jacket
- Fleece pullover (layering lighter garments is better than one heavy fleece)
- Thermals long johns and vest (it gets extremely cold at night)
- Hat and gloves (fleece or other)
- Sun hat with visor or brim, sunglasses
- Clothing should be comfortable, light and fast drying (jeans not recommended). Cotton hiking, trousers cotton long and short sleeve
- Shirts, hiking shorts, plenty of socks, bandana
- Pair of trainers, sandals or other comfortable shoes.
- Water bottle canteen or Nalgene bottle
- Headlamp/torch and batteries
- Toiletries including sun block and high factor sun cream, insect repellent, lip balm, biodegradable soap and shampoo
- Blister treatment
- Camera and storage (or film)
- Knife (Swiss model)
- Medicines (in case you have a special requirement)
- Snacks (if you prefer one that one that is not included)