

Essential Bali
10 days – 9 nights

Denpasar, Sidemen, Kehen, Penglipuran, Kintamani, Tirta Empul, Gunung Kawi, Ubud, Taman Ayun, Jatilwih, Ulundanu, Monduk, Banjar, Pemuteran, Pupuan, Belimbing, Tanah Lot, Jimbaran
Adventure, Gastronomy, Discovery, Culture

Day 1: Denpasar, Sidemen

Arrival at Denpasar Airport on Bali Island. Reception by your Balinese guide in the arrival area at Denpasar airport and transfer to Sidemen. Installation at the hotel and overnight.

Day 2: Sidemen

Breakfast at the hotel. Immerse yourself in the local culture with a long morning of activities in Bali Countryside in the Sidemen Valley. You will first visit traditional weavers in a local village that is famous for this activity and where many houses have a loom! Departure for an easy hike of about 1 hour in the heart of the beautiful rice fields of Sidemen. At the beginning of the course, each participant will be loaned a bamboo stick and a conical hat. We take the paths of the peasants to admire the rice fields of the region. Arrival in the plantations around Bali Countryside and introduction to rice growing. The time to discover your talents as peasants, but above all to make these gestures that you have already seen from afar: transplant the rice, plow the rice fields with a team drawn by two oxen. At the end of this activity, you'll refresh yourself with a delicious fresh coconut. Arrival in Bali Countryside: You are welcomed in this large property, where you can take turns, observe, try, enjoy and especially have fun. 3 workshops of typical Balinese activities will be proposed with a rotation of 20 minutes per workshop:

- Balinese cooking class
- Initiation to the making of offerings and decoration in palm leaves
- Arak distillation and ironwork

At the end of these workshops, a delicious Balinese cooking lunch will be served under a beautiful traditional pavilion in front of a beautiful bucolic landscape of rice fields. On a clear day you can see in the background the imposing silhouette of Mt. Agung, the highest volcano in Bali rising to 8,422 feet. Drive to Besakih and visit the Besakih Temple built at an altitude of 3,289 feet and on the foothills of Mt. Agung. Return to your hotel in Sidemen for overnight. [B/L]

Day 3: Sidemen, Kehen, Penglipuran, Kintamani, Tirta Empul, Gunung Kawi, Ubud

Departure from Sidemen to reach the region of Kintamani and Lake Batur. Stop en route for the visit of the Kehen Temple located north of Bangli: little known and still away from the tourist circuit is yet one of the oldest and most majestic temples of Bali: it rises on the hillside to eight terraces in a lush environment. It is home to a gigantic banyan tree sacred to the Balinese. You will continue along a small road to the village of Penglipuran, a traditional country village that has retained its unique traditional village architecture, well known for its alignment of typical Balinese brick houses and traditional gateways. Continue north-east towards Mount Batur and arrive at the village of Kintamani with a stop at the belvedere, a superb panoramic view of the volcano and Lake Batur. Lunch in a panoramic restaurant overlooking the volcano and Lake Batur. Departure from Kintamani towards Ubud along charming little roads that cross the Balinese countryside: stop at the village of Tampaksiring where you will visit the sanctuary of Tirta Empul. A sacred spring feeds the public baths where pilgrims come from all over the island to bathe and purify themselves after laying many offerings. A few miles away, discovery the site of Gunung Kawi, also known as the mountain of poems. Take the path along a staircase leading to the bottom of a beautiful valley that offers a beautiful panorama of the rice terraces and coconut groves. Once at the bottom of the valley, close to the river, you will discover, carved in the rock, the funerary monuments of a former Balinese ruler who reigned in the 11th century. Continue to Ubud for check-in and overnight at the hotel. [B/L]

Option [1]: Dinner at The Bridges Restaurant

Enjoy a gourmet dinner at one of Ubud's best restaurants, located at the top of the Campuhan River. Bridges is a casual gastronomic restaurant, a wine bar and boutique space where worlds meet

Option [2]: Dinner at the Mozaic

This restaurant is a fresh oasis of ingenuity in the world of gastronomy. It is the uniqueness of the experience that has become the hallmark of its reputation, encompassing the quality of ingredients, the perfect execution, the multitude of pure flavors and the quality of service, all to be enjoyed in a lush tropical setting.

Day 4: Ubud (Cooking Class)

Homestay cooking class in Paon near Ubud. A gastronomic journey to discover the secrets of Balinese cuisine. This half-day begins with a visit of the Ubud market with the chef, before joining Paon. The traditional home of your hosts is located on the outskirts of Ubud. You'll discover the flavors of Balinese spices and learn how to prepare a whole series of starters, dishes and a dessert. You will then enjoy your delicious preparations at the homestay lunch. In the afternoon, discover Ubud, the small cultural capital of Bali, with your guide and driver. Free time for shopping at the local Ubud market where you'll find typical souvenirs and crafts. Walk in the famous forest of monkeys colonized by hundreds of sacred macaques. Return to your hotel in Ubud for overnight. [B/L]

Option [3]: 1-hour Massage

Enjoy a pleasant moment of relaxation and well-being at the Spa: 1 hour of Balinese massage with essential oils in a charming local spa near Ubud.

Day 5: Ubud, Taman Ayun, Jatiluwih, Ulundanu, Munduk

Morning drive to Mengwi for a visit to the magnificent Royal Taman Ayun Temple, built in the middle of the 17th century by the Mengwi Royal Family. Surrounded by large moats, it seduces the visitor with its serenity, the balance of its buildings and the richness of its sculptures. Continue to Jatiluwih for an easy 1-hour hike in the rice paddies of Jatiluwih to discover the traditional Balinese ancestral irrigation system: the Subak. Lunch at the local Jatiluwih restaurant and leave to Bedugul and Lake Bratan located at 4,035 feet above sea level where you will visit one of the most emblematic and photogenic sites of Bali: The famous temple of Pura Ulun Danu dedicated to Dewi Danu, the Goddess of the Lake. With its roof in Méru style with 11 levels it seems to float on the peaceful waters of the lake. Drive to the north and the region of Munduk via Wanagiri. You will take a scenic mountain road that overlooks two beautiful lakes: Buyan Lake and Tamblingan Lake. Stop to take pictures and enjoy the scenery before descending to Munduk. Check-in and overnight at your hotel. [B/L]

Day 6: Munduk (Canoe ride), Banjar, Pemuteran

Munduk is located at an altitude of 2,625 feet above sea level and enjoys a temperate and cool climate for Bali, conducive to the cultivation of many fruits, vegetables and spices. Early morning departure with a local English-speaking guide from Munduk for a morning of adventure. You will first drive to the shores of Lake Tamblingan for an amazing ride on traditional rocker-canoe on the peaceful waters of the lake. Then, continue on foot through the jungle to reach the heights of Munduk. Short transfer by car to the center of Munduk and continue your hike with the discovery of the two cascades: one of Red Coral and a little further that of Langaan. Along the way observe the spice plantations, giraffe cloves, cocoa and coffee, stopping for a local coffee tasting. Lunch at the restaurant of your hotel. In the afternoon, leave to Seririt by a beautiful mountain road enjoying superb panoramas of rice terraces and coconut trees all along the way. Stop en route on the way to Banjar to visit the Buddhist monastery "Brahma Vihara Arama", built in 1970 overlooking the north coast of the island. A well-deserved moment



of relaxation at the hot springs of Banjar before continuing along the north coast of Bali to arrive at the fishing village of Pemuteran, located on the edge of a quiet black sand beach on the northwest coast of Bali. Check-in and overnight at your hotel. [B/L]

Day 7: Pemuteran

Breakfast at the hotel. Free day to relax on the black sand beach of Pemuteran with driver and guide available. Overnight at your hotel. [B]

Option [4]: Half-day snorkeling in Menjangan.

This morning you will meet a local guide who will accompany you only for the day. After breakfast, you will be driven to the pier to board a motorized boat to the nearby island of Menjangan where you'll snorkel with your guide. Snorkeling equipment is provided to explore the area. A lunch box (in the form of a club sandwich or nasi goreng) is served before returning by boat to the mainland.

Day 8: Pemuteran, Pupuan, Belimbing, Tanah Lot, Jimbaran

Departure to the village of Pupuan to visit the Vihara Dharma Giri, a Buddhist monastery housing a beautiful white marble Buddha lying overlooking the valley with a beautiful mountain background. Continue to Belimbing village and enjoy a pleasant walk with your guide to admire the rice terraces. Lunch at the local Belimbing restaurant. Continue to Jimbaran stopping at Tanah Lot, the most famous temple in Bali that stands spectacularly on a small rocky island about 330 feet off the west coast of Bali. Check-in your hotel in Jimbaran for overnight. [B/L]

Day 9: Jimbaran

Breakfast at the hotel. Free day (no guide or vehicle available). [B]

Day 10: Jimbaran, Denpasar, USA

Breakfast free time. At the appointed time you'll be picked-up and transferred to the airport to board your flight back home. [B]

[B] = Breakfast | [B/L] = Breakfast and Lunch

Your Tour includes:

- Arrival and departure transfers
- 9 nights' accommodation:
 - Sidemen 2 nights
 - Ubud 2 nights
 - Monduk 1 night
 - Pemuteran 2 nights
 - Jimbaran 2 nights
- Meals
 - Breakfast daily
 - 6 lunches
- Visit Bali Countryside and Sidemen Valley
- Workshops on Cooking, Offerings and Arak distillation
- Visit Besakih Temple
- Tour Lake Batur
- Visit Kehen Temple
- Tour of Penglipuran
- Visit the Tirta Empul Sanctuary
- Discover the Mountain of Poems
- Cooking class in Ubud
- Walk the forest of monkeys

- Tour Lake Bratan
- Visit Pura Ulun Danu Temple
- Canoe ride on Lake Tamblingan
- View the Red Coral and Langaan Cascades
- Visit the Buddhist monastery "Brahma Vihara Arama"
- Visit the Buddhist monastery of Vihara Dharma Giri
- Visit Tanah Lot Temple
- English-speaking driver
- Local English-speaking guides
- Boat rides where requires
- Local taxes

Tour does not include:

- International flights (available on request)
- Travel insurance (available on request)
- Meals not indicated in the itinerary
- Drinks, snacks, tips and other personal expenses (e.g. laundry)
- Extra optional activities
- Any other items not mentioned above

Hotels in your Tour:

Location	Hotel Name	Tripadvisor
Sidemen	Wapa Di Ume Sidemen	5
Ubud	Wapa Di Ume ubud	5
Monduk	Mounduk Moding Plantation	5
Pemuteran	The Menjangan	4.5
Jimbaran	Gending Kedis	5

Hotels will be confirmed at time of booking

Tour Prices:

Season	2-Pax	3-Pax	4-PAx	Single Suppl.
2020 Departures				
1 Apr – 30 Jun	\$1,895	\$1,569	\$1,745	\$1,195
1 Jul – 31 Aug	\$2,859	\$2,535	\$2,715	\$2,159
1 Sep-19 Dec	\$1,895	\$1,569	\$1,745	\$1,195
20 Dec -31 Dec	\$1,895	\$1,569	\$1,745	\$1,195
2021 Separtures				
1 Jan -15 Jan	\$2,919	\$2,595	\$2,769	\$2,219
16 Jan-31 Mar	\$1,895	\$1,569	\$1,745	\$1,195

Prices are per person and may change without notice

Tour Code: ID01SPS20TE