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# Lost City Nature, Adventure, Archeology 7 days/ 6 nights

The Lost City (Ciudad Perdida), located in the mountain range of the Sierra Nevada, is one of the most important archaeological sites in Colombia. Built by the extinct Tayrona people it is and now a sacred place for the Kogui Indians and Arsarios who continually visit it for ceremonies. This program requires participants to have a minimum fitness to sustain medium to high level walks, along treks that meander through beautiful landscapes ranging from sea level to 3,600 feet above sea level.

Along the treks you can see and understand how the different tribes settled down. Our local guides are really "local", in the sense that they part of the autochthon populations, speak the dialects and have well established relationship with the indigenous people in the region. Their dedication and objective is to ensure that income from tourism supports the people of the area, including farmers, porters, guides, drivers and restaurants. All guides have 10-25 years of experience and most of them have farms in the Sierra Nevada. Their knowledge and experience makes them outstanding guides guaranteeing the safety of our tour participants and provide them a truly unforgettable experience.

### Day 1: Santa Marta

Upon arrival at Santa Marta's Simón Bolívar International Airport, you will be met and assisted by our representative who will escort you to your hotel. The rest of the day is at leisure for you to rest and relax after the flight or to start exploring your neighborhood. For the evening we suggest you try one of the restaurants located in the Rodadero area, where seafood is the specialty, and enjoy the marine breeze that almost always kisses the city. Overnight at the hotel

## Day 2: Santa Marta, First Camp Site

Breakfast at the hotel before departure from Santa Marta by jeep (about 3 hours drive) to the Mamey. Brief explanation of the program, light lunch (ham, vegetables, cheese, bread and drinks). The walk follows a trek that starts in Mamey and goes all the way until the first campsite (Adan or Alfredo). This is a 4-hour walk (3.7 miles) with some natural pools, rivers and waterfalls. Refreshing fruits are provided during the trip. The camp provides typical huts with sleeping hammocks for accommodation. Dinner at the camp and information about tomorrow's trip before retiring for the night. [B/L/D]

# Day 3: First Camp Site, Buritacá, Second Camp

Breakfast at the camp. At 8:00 am, departure to the second station, "Mumake" walking down into the valley formed by the river Buritaca, where the Mutanyi indigenous people live in huts clustered

in a small town known as Mutanshi. Information is provided on the cultures as you continue the walk to the camp for tonights accommodation. Recreation, food, lunch and dinner are provided during the day. [B/L/D]

# Day 4: Second Camp, Lost City, Third Camp

Enjoy a traditional breakfast at the camp. At 7:00 am departure to the third station, "Romualdo", crossing the river Buritaca several times Fruits are provided during the 4-hour hike (less than 4 miles) to reach the camp. Recreation, lunch, dinner





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and accommodation are provided during the day. [B/L/D]

# Day 5: Third Camp, Lost City, Second Camp

After breakfast (fruit, pastries, coffee, chocolate) early morning walk of about 1 hour and climbing 1,200 steps to the Lost City (Ciudad Perdida). The tour of the site will take about 3 hours with detailed explanations by the expert guide. Then walk back to the third campsite to have lunch and continue the route to the second camp (where you spent the night). The walking time is around 4 hours. Dinner, free time and accommodation at the camp. [B/L/D]

### Day 6: Second Camp, Mamey, Santa Marta

Early breakfast at the second camp before departure to the first camp for a snack. Then leave for Mamey, a walk that will take about 6 hours. Stop for lunch at the Mamey. In the afternoon, a 2-hour Jeep trip (about 36 miles) to reach Santa Marta where you will spend the last night of the tour. [B/S]

### Day 7: Santa Marta, USA

Breakfast at the hotel before you get packed and are picked-up by our representative for your transfer to the airport to board your flight to Bogota connecting with your flight back to the USA. [B]

[B] = Breakfast | [B/S] = Breakfast and Snack | [B/L/D] = Breakfast, Lunch and Dinner

### **Tour Includes:**

- Transfers by private service with English speaking guide
- 6 nights' accommodation
- 2 nights in Santa Marta and 4 nights in hammocks with mosquito nets
- Meals
- Breakfast daily
- 4 lunches + 1 picnic lunch
- 4 dinners
- Refreshments
- Entrance fees
- Expert local guides
- Travel insurance for trekking
- Luggage storage and safe box service
- Contributions to the rural and indigenous communities

# **Recommended packing:**

- Due to the topography of this trip we recommend that you carry the items listed below so you stay comfortable all the way:
- Plastic bags to protect clothing from dust and water
- Sneakers or boots for mountain
- Sandals
- Personal hygiene items
- Personal medicines
- Lycra or cotton shorts (3 at least)
- Cotton shirts

### Tour does not include:

- Domestic or International airline tickets
- Parque Tayrona, Santa Marta Los Kogui, Sierra Nevada de Santa Marta
- Taxes or surcharges related to airline tickets
- All alcoholic and non-alcoholic drinks
- Other meals not mentioned in itinerary
- Extras and gratuities
- Early check-in, late check-out
- Expenses of personal nature

- Bathing suit
- Socks (several pairs)
- Towel
- Sweatshirt
- Long pants
- Long sleeve shirt
- Sunscreen
- Insect repellent
- First aid kit, stomach and pain medication
- 1 liter bottle of water
- Camera
- Flashlight or torch



Colombia 2019

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#### Hotels in your tour

City	Hotel Name	Tripadvisor
First Class		
Santa Marta	Casa Verde	4.5
Deluxe		
Santa Marta	Casa Del Farol	45
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Hotel will be confirmed at time of booking

#### **Tour Prices**

Category	Double	
Superior	\$689	
Deluxe	\$729	
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Rates are minimum per person sharing a room and may change without notice. Rates may change depending on the date of travel.

Prices for single room or for 3 passengers sharing a room are available on request Valid through December 20th 2020. Not valid for Holidays and big Conventions. Other blackout dates may apply.

Tour Code: CO01SMR20PT