

**VIS VITA Program 2017-18**

**Rogaška Slatina**

Natural mineral water Donat Mg, which dates back some 8000 years has proven healing. Spring water in the depths (between 280 and 600 meters below ground) enriched minerals from dissolving the rock ( magnesium, calcium, sulfates, hydrogen carbonates ) and other elements (CO2) , which relieves or prevents many diseases and protect our health. Due to its chemical composition, physical properties, balneological knowledge and medical findings in Rogaska Slatina for more than 100 years used in therapeutic and preventive purposes. It is characterized by an extremely high mineral content is more than 13 g of dissolved minerals per liter (with CO2), of which the only magnesium more than 1000 mg / l calcium , around 300 mg/l, and contains many other health-beneficial elements and compound.

**SPECIAL OFFER on VIS VITA Program valid Nov 5 – Dec 22**

**BUY:** Full board + treatment - **PAY:** Half board + treatment

Medical consultation + Drinking treatment of “Donat MG” mineral water / one treatment per day

**Drinking treatments of mineral water “Donat MG”**

- Professional body composition analyzer: InBody 570 Analysis
  - Precise IN-BODY analysis – balance of water, proteins, minerals and body fat will be confirmed.
- Consultation with a Doctor or Spa Consultant
  - Recommendation of the optimal combination of therapies. A key objective of the program in VIS VITA SPA & BEAUTY is to achieve the goals in terms of improving the health status.
- Mineral water “Donat MG” Drinking Cure
  - Magnesium makes Donat Mg one of the richest waters in the world. Its extremely high magnesium content and other essential minerals give this water such healing power that it has been used for centuries to alleviate numerous health problems. It is also effective for diseases of the heart and veins, is recommended for diabetics and anyone that has cholesterol problems, and is appropriate for those suffering from osteoporosis.
- Our magnesium drinking cure with “Donat Mg” mineral water is effective in curing a range of illnesses such as diseases of the heart and veins, liver, gall bladder, pancreas, nervous system and stomach. It has a positive effect on glucose levels and high blood pressure.
- The drinking cure with “Donat Mg” mineral water in combination with selected therapies is indispensable in treating constipation, obesity, excess stomach acid and heartburn. Because drinking Donat Mg has an obvious effect on the metabolism in stressful situations that create mental or physical strain and increase the need for magnesium, our magnesium program is also an exceptional anti-stress program.

**Spa treatments will be chosen according to the consultation in VIS VITA Spa & Beauty:**

**InBody analysis**

- |   |  |
|---|--|
| • Healing mineral CO2 bath 20 min + 20 min            | • Indian head massage 20 min                       |
| • Healing bath with natural herbal supplements 20 min | • Fango wraps (2 units) 30 min                     |
| • Gentle body scrub 20 min                            | • Paraffin foot treatment 20 min                   |
| • Therapeutic back massage 20 min                     | • Paraffin hands treatment 20 min                  |
| • Reflex foot massage 20 min                          | • Personalized individual gymnastic 20 min         |
| • Moroccan body massage 30 min                        | • Inhalation with natural mineral water 10 min     |
| • Detox body massage 30 min                           | • Inhalation with carefully selected herbs 10 min  |
| • Partial lymphatic drainage, part of a body 20 min   | • Algae body wrap, anti-cellulite treatment 30 min |
| • Partial lymphatic drainage face 20 min              | • Anti-cellulite massage 20 min                    |
| • BTL – Ultrasound 10 min                             | • BTL 4000 Electro treatment 20 min                |
|   | • BTL – Laser 10 min                               |



**Day 1: Ljubljane or Zgreb, Rogaška Slatina**

Upon arrival at Ljubljana or Zagreb you will be met and transferred to Rogaška Slatina for check-in at the Grand Hotek Rogaska. Dinner and overnight at the hotel. [D]

**Days 2 – 7: Rogaska Treatment**

Stay at the hotel with treatment plan chosen. Health y“Donat MG” mineral water and one or two treatments are included. [B/LD]

**Day 8: Rogaska Slatina, USA**

After breakfast you'll be picked-up and transferred to your departing airport for a connecting flight to the USA. [B]

[B]= Breakfast | [B/LD] = Breakfast and Lunch or Dinner | [D] = Dinner

**Note:** Additional days may be added to the basic program

**The Package includes:**

- Round trip transfers between the hotel and Ljubljana or Zagreb
- Accommodation with half board
- Buffet breakfast in the hotel restaurant
- Buffet lunch or dinner in the hotel restaurant
- Possibility of diet and vegetarian meals (prior reservation needed)
- Free entry to hotel thermal swimming pool, saunas
- Free entry to hotel fitness
- Free entry to thermal outdoor and indoor swimming pools of Rogaška Riviera (open from April till October)
- Water gymnastic, morning gymnastic, Nordic walking trips
- Bottle of natural mineral water “Donat Mg” on arrival day
- Air condition (Premium Rooms and Suites only)
- Use of bathrobe
- Entertainment and events program in Rogaška

- Free Wi-Fi
- Free entry into the Casino Fontana

**VIS VITA Spa & Beauty Treatments includes:**

- Half board
- Doctor’s consultation
- 1 or 2 treatments per day (Depending on chosen package)
- Drinking cure with “Donat Mg” natural mineral water at the spring 3-times per day

**Price does not include:**

- International airfare
- Any international airfare taxes and surcharges
- Travel insurance
- All alcoholic and non-alcoholic drinks not included in the program
- Other meals not mentioned in inclusions
- Extras and gratuities
- Early check-in, late check-out

**Package Prices:**

| Room Type                                 | Min   | Aug 6 – Nov 5        |         | Nov 5 – Dec 25 |         |
|---|-------|----------------------|---------|----------------|---------|
|   |       | Dec 26 –Jan 14 '18** |         | HB + 1T        | HB + 2T |
|   |       | HB + 1T              | HB + 2T |                |         |
| <b>Standard Programs</b>                  |       |                      |         |                |         |
| <b>Double use per person</b>              |       |                      |         |                |         |
| Standard                                  | 20-24 | \$699                | \$785   | \$639          | \$729   |
| Standard park side                        | 20-24 | \$729                | \$819   | \$669          | \$759   |
| Standard Family room park side*           | 60    | \$759                | \$849   | \$699          | \$785   |
| <b>Single use per person</b>              |       |                      |         |                |         |
| Standard                                  | 15    | \$929                | \$1,015 | \$865          | \$955   |
| Standard Park side                        | 20    | \$985                | \$1,079 | \$929          | \$1,015 |
| Standard park view                        | 20    | \$1,049              | \$1,135 | \$985          | \$1,079 |
| <b>Premium Programs</b>                   |       |                      |         |                |         |
| <b>Double use per person</b>              |       |                      |         |                |         |
| Premium                                   | 22-29 | \$879                | \$969   | \$759          | \$849   |
| Premium park side                         | 25    | \$999                | \$1,085 | \$879          | \$969   |
| Premium SUITE                             | 40    | \$1,175              | \$1,269 | \$1,055        | \$1,149 |
| Premium SUITE park side                   | 40    | \$1,355              | \$1,439 | \$1,175        | \$1,269 |
| Premium SUITE GRAND                       | 65    | \$1,775              | \$1,859 | \$1,589        | \$1,679 |
| <b>Single use per person</b>              |       |                      |         |                |         |
| Premium Park View                         | 18    | \$1,049              | \$1,199 | \$929          | \$1,015 |
| Premium                                   | 22    | \$1,165              | \$1,255 | \$1,049        | \$1,135 |
| Premium park side                         | 25    | \$1,339              | \$1,435 | \$1,219        | \$1,315 |
| Premium SUITE                             | 40    | \$1,939              | \$2,029 | \$1,819        | \$1,909 |
| Premium SUITE park side                   | 40    | \$2,115              | \$2,205 | \$1,939        | \$2,029 |
| Premium SUITE GRAND                       | 65    | \$2,829              | \$2,919 | \$2,655        | \$2,739 |
| <b>Included in the VIS VITA program</b>   |       |                      |         |                |         |
| Donat MG drinking cure                    |       | Every Day            |         | Every Day      |         |
| Doctor consultation (min. 7 nights)       |       | 1                    | 1       | 1              | 1       |
| Included Spa / Medical treatments per day |       | 1                    | 2       | 1              | 2       |

Prices are per person and may change without notice.

HB+1T = Half Board + 1 treatment per day | HB+2T = Half Board + 2 treatments per day

**\*\* Mandatory New Year program**

| Venue        | Adults | Children 7-11 | Children 0 – 6 |
|--------------|--------|---------------|----------------|
| Crystal Hall | \$190  | \$95          | Free of charge |
| Music Hall   | \$142  | \$71          | Free of charge |

**Extra charges (per day):**

| Description   | Charge                            |
|---|-----------------------------------|
| Full board supplement:  | \$23                              |
| Tea set in the room (all rooms):  | \$4                               |
| Pets (up to 10kg):  | \$17                              |
| <b>Late check out (5 PM) / Early check (7 AM) upon room availability:</b> | <b>Charge</b>                     |
| Suite PREMIUM   | \$119                             |
| Room PREMIUM  | \$59                              |
| Room STANDARD   | \$47                              |
| <b>Tourist tax per person per day</b>                                     | <b>Pay to Hotel</b>               |
| Adults (19 and older): 1,27 €   | Children (7-18 years old): 0,63 € |

**Tour Code:** SI1ZAG17GHR