

Wonders of Central America

14 days – 13 nights

Panama City, Old Town Panama, Panama Canal, Embera Quera, Arenal, Monteverde, Granada, Managua, Leon, San Juan del Sur, Peñas Blancas, Playa Hermosa, San Jose

Discovery, Culture, Relaxation

This program may be operated for individuals or for groups

There are plenty of good reasons to travel to Central America. Volcanic landscapes, virgin forests, the Pacific coast or the Caribbean coast... Not to mention that wild nature is much more present than in our country. Populations, colors, everything is mixed, alive and colorful. Another strong argument: it is easy to travel in Central America and jump from country to country, because their areas are small and the distances are short. The largest of the countries,

Day 1: Panama City [Panama]

Welcome to Panama City. Upon arrival, transfer to the city hotel. Explore this beautiful city full of life, excellent gastronomy, great shopping centers or simply enjoy a refreshing drink in this tropical setting. Overnight at the hotel in Panama.

Day 2: Panama City (Old Town, Canal)

Breakfast at the hotel. Our driver will be waiting for you so that you can continue with your tour today. This tour begins in Panama City, a place of contrasts. The tour includes a tour of the Modern City, Old Town, Amador Causeway and takes you to the Canal Visitors Center. You will make panoramic tours and short walks in the visited sites. On the way to the Miraflores Visitor Center at the Panama Canal, he will tell you about the history and operational performance of this wonder in motion. Once there, you can feel part of the operation of the Canal from the observation decks. Continuing our tour, we will make a panoramic view of the Amador Causeway Islands, a landfill that connects four islands of the Bay of Panama and makes you feel inside the sea. The all-in-one view will allow you to see from a single point and at the same time, the modern city, the Old Town, the Bridge of the Americas, the island of Taboga and the ships entering and leaving the Panama Canal. [B]

Day 3: Panama City (Embera Quera Indigenous Community)

Breakfast at the hotel. Our driver will be waiting for you and take you on a visit to one of the indigenous communities located in the Chagres National Park. Upon arrival, we will board the famous "pirogues or canoes" which are traditional Emberá boats, carved from wood from a single tree trunk. At the end of the journey we see the village "Emberá Quera" which means Embera Perfume, where our cordial hosts await us. From this moment, we will enjoy their music, dances, we will learn about their culture, traditions and we will tour the town to visit their usual residences and the "Chaman" or healer of the tribe, will speak to us about the healing power of the plants of the jungle. Arriving at lunch time, we will taste fish (product of the catch of the day), fried green banana and fruits. The Emberá are excellent artisans, detailed and dedicated and if we want to carry the memory on our skin, a natural "tatto" is our option. The indigenous will paint it with a black ink product of the "Jagua", seed of a local palm. [B]

Day 4: Panama City, San Jose, Arenal [Costa Rica]

Breakfast at the Hotel. Departure transportation from Panama City to Tocumen Airport to take your international flight between Panama & Costa Rica lasting 60 minutes. After your arrival in Costa Rica, you will continue your transfer to the Northern Plains where the impressive Arenal Volcano will await you, one of the natural wonders of the country due to its majesty. Along the route and until you reach the town of La Fortuna, you will be able to appreciate various agricultural plantations, ornamental plants and cattle farms. A visit to the town is recommended as it is pleasant to walk and has a wide variety of restaurants for lunch and dinner. Your hotel is strategically located to appreciate the massif. Lodging in Arenal. [B]

Day 5: Arenal (Volcano)

Breakfast at the Hotel. Resorts with hot springs and spas represent one of the greatest attractions to

enjoy in this region. Another attraction of the area is the number of optional activities that can be done: zip line, suspension bridges, cable car, walks, Fortuna River waterfall, as well as other activities in Lake Arenal. Lodging in Arenal. [B]

Day 6: Arenal, Monteverde

Breakfast at the hotel. Your next destination is Monteverde, a small community located at the top of the Cordillera de Tilarán and an important ecotourism destination in the country where the main attraction is its Biological Reserve. During the journey, you will observe really beautiful landscapes and you will cross some typical localities of the country. Hotel accommodation in Monteverde. [B]

Day 7: Monteverde

Breakfast at the hotel. Day off. Monteverde is world renowned for its cloud forest that straddles the continental divide. There are currently two reserves in the area: the Monteverde Biological Reserve and the Santa Elena Biological Reserve. You will be surprised by the diversity and richness of the area walking through the many trails of any of them. There are many other activities in the area to complement this visit: the zip line, suspension bridges, hummingbird garden, butterfly garden, serpentarium (one of the best in the country), tour to see nocturnal fauna, horseback riding, etc. Hotel accommodation in Monteverde. [B]

Day 8: Monteverde, Granada [Nicaragua]

Breakfast at the hotel. This day will begin the journey that will take you to our sister republic of Nicaragua, with a transfer from Monteverde to the Peñas Blancas border post. After the reception in Nicaragua, the southern border of Peñas Blancas, the transfer to the colonial city of Granada continues. Rest of the day free. Accommodation in Grenada. [B]

Day 9: Granada (Granada City Tour & Islets + Masaya Volcano at night)

Breakfast at the hotel. Visit of the city by horse-drawn carriage: Old Train Station, Gunpowder Fortress; Doña Elba Cigar Factory and La Merced Church. We will also visit the Central Park, Granada Cathedral, Independence Square, the House of the Three Worlds, the San Francisco convent and the famous Calzada street. Later, we will go to the Great Lake of Nicaragua, to navigate in its waters and appreciate nature and its beautiful islets of volcanic origin. At the end of the afternoon visit the Masaya Volcano National Park at night and look inside the active Santiago crater and discover the new Lava Lake and observe the incredible red and glowing lava of the most impressive volcano in the world to visit. Accommodation in Grenada. [B]

Day 10: Granada, Managua, Leon (City Tour Managua + Ruins of León Viejo and León)

Breakfast at the hotel. Visit of the capital city of Managua; the Loma de Tiscapa National Park, where much of the country's history has taken place; tour of Bolívar-Chávez avenue in the historic center of old Managua and its surroundings; the Rubén Darío National Theater, the Palace of Culture and the Central Park. We will also visit the old Malecón from where we will see Lake Managua through a walk along the new Paseo Xolotlan where there is a replica of what Managua was before the earthquake, followed by a visit to the new Puerto Salvador Allende. Continuation to the city of León, en route we will visit the Ruins of León Viejo, the first city founded by the Spanish, on the shores of Lake Xolotlán and declared a World Heritage Site by UNESCO in the year 2000. Overnight in León. [B]

Day 11: Leon (Cerro Negro Volcano Boarding & City Tour León)

Breakfast. This morning, we will do the expedition to the Cerro Negro Volcano Learn to navigate the volcanic sand of the youngest and one of the most active volcanoes in all of Nicaragua, learning all about the Sandboarding experience. Have fun and enjoy the splendid views of the Marribios volcanic chain in the western part of the country. In the afternoon, visit the current colonial city of León with our local guide through its main churches, including its imposing Cathedral, the largest in Central America. Accommodation in Leon. [B]

Day 12: León, San Juan del Sur, Peñas Blancas [Costa Rica]

Breakfast at the hotel. Early in the morning, departure transfer from León to the beautiful and charming Bay of San Juan del Sur. Upon arrival, we will first visit the Cristo de la Misericordia viewpoint with an impressive panoramic view of San Juan del Sur and its surroundings, then we will move to the port of San Juan del Sur for free time to enjoy the beach. In the afternoon, transfer to the Peñas Blancas border with Costa Rica. After the border crossing, private transfer from Peñas Blancas to a beach hotel in the Guanacaste area. Accommodation in Playa Hermosa. [B]



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Day 13: Peñas Blancas, Playa Hermosa

Breakfast at the hotel. Free day to enjoy the area. Accommodation in Guanacaste. [B]

Day 14: Guanacaste, San Jose

Breakfast at the hotel. Departure transfer at the agreed time according to the itinerary of the departure flight. [B]

[B] = Breakfast

Your Tour includes:

- Airfare Miami/Panama/San Jose/Miami
- All airport transfers
- 13 nights' accommodation:
 - Panama City 3 nights
 - Arenal 2 nights
 - Monteverde 2 nights
 - Granada 2 nights
 - León 2 nights
 - Guanacaste 2 nights
- Breakfast daily
- Panama City sightseeing
- Visit to Casco Antiguo
- Excursion to the Panama Canal
- Visit and insertion to the Emberá Quera indigenous community
- City Tour of the Colonial City of Granada
- Visit to the Islets of the Great Lake of Nicaragua.
- Night excursion to the Masaya Volcano
- Managua sightseeing tour

- Tour the ruins of Old León colonial
- Excursion to the Cerro Negro Volcano
- Tour the city of León
- Transportation by private vehicle in Panama, Costa Rica & Nicaragua as per itinerary
- English-speaking guide during visits
- Spanish-speaking drivers for airport transfers
- Value Added Tax

Tour does not include:

- International airfare taxes & fees
- WiFi access at hotels and restaurant
- Travel insurance
- All alcoholic and non-alcoholic drinks
- Other meals not mentioned in itinerary
- Extras and gratuities
- Early check-in, late check-out
- Expenses of personal nature

Hotels in your Tour:

City	Hotel Name	Tripadvisor
First Class		
Panamá	El Panamá by Faranda	3.5
Arenal Volcano	Arenal Springs Resort	4.5
Monteverde	Fondavela	4
Granada	El Dario	4.5
León	El Convento	4.5
Playa Hermosa	Bosque del Mar	4.5

Hotels will be confirmed at time of booking

Tour Prices:

Tour Type	Double	Single	Triple
Shared	\$4,079	\$6,369	\$3,205
Private	\$4,909	\$8,035	\$3,779

Prices are per person, are valid through November 2022 and may change without notice

These programs can be customized for individuals and for groups

Changes to this program may be requested by phone (1855-55-TOURS) or using the web FIT Quote Request

• **Airfare**

We also be glad to add the necessary airfare from your gateway so you take advantage of our special discounted leisure fares

• **Program**

You may add or remove;

- Trip days
- Cities and sites
- Meals

• **Other options**

- The program was designed with private services, however, we may substitute shared sightseeing where available
- If you prefer deluxe services we may operate this program including private driver, private guide and concierge service.

• **Quotation**

Once we have designed the program the way you want we'll give you a quote within 2 business days.

Tour Code: PA01PTY22HT

Options:

- Lunches and dinners can be arranged for individuals, families and groups at top restaurants or any restaurant requested by you.
- We can revise the itinerary to spend more time and provide more depth in those areas that you are interested on.
- Any other changes to the itinerary will be accommodated depending on the facilities available in the area.
- Car can be upgraded upon request

Group Quotations

- If you wish to use these programs for your group or as the basis for a customized journey please either call us (1-855-55-TOURS or use the web Group Quote Request.
- In either case our specialists will work with to refine all the details and they will get you a quote with 2

business days. Quotes may be obtained for the air and land portions of just for the land journey.

- Booking both air and land with us will represent savings for you because of our buying power and longtime relationship with the airlines.

We will also may have the choice between regular fares and special leisure fares not available to the public.